

Potential for Separation or Divorce

We would like to get an idea of how your marriage stands right now. Please answer the questions below by circling TRUE or FALSE for each item with regard to how things stand right now.

For items that are true, please indicate what year the item began to be true.

True	False	Year
T	F	1. I have made any specific plans to discuss separation or divorce with my spouse. I have not considered what I would say, etc.
T	F	2. I have set up an independent bank account in my name as a measure of protecting my own interests.
T	F	3. Thoughts of divorce occur to me frequently, as often as once a week or more.
T	F	4. I have suggested to my spouse that I wished to be divorced, separated, or rid of him/her.
T	F	5. I have thought specifically about divorce or separation; I have considered who would get the kids, how things would be divided, pros and cons of such actions, etc.
T	F	6. My spouse and I have separated. [This is (a) a trial separation or (b) a permanent separation. (<i>circle one</i>)]
T	F	7. I have discussed the question of my divorce or separation with someone other than my spouse (trusted friend, psychologist, minister, etc.)
T	F	8. I have occasionally thought of divorce or wished that we were separated, usually after an argument or other incident.
T	F	9. I have discussed the issue seriously or at length with my spouse.
T	F	10. I have filed for divorce, or we are divorced.
T	F	11. I have made inquiries from nonprofessionals as to how long it takes to get a divorce, grounds for divorce, costs involved in such action, etc.
T	F	12. I have contacted a lawyer to make preliminary plans for a divorce.
T	F	13. I have consulted a lawyer or other legal aid about the matter.
T	F	14. I have considered a divorce or separation a few times other than during or shortly after a fight, although only in vague terms.